

Today I feel...

Circle how you are feeling

Happy

Sad

Angry

Nervous

Excited

Worried

Calm

Confused

Confident

Scared

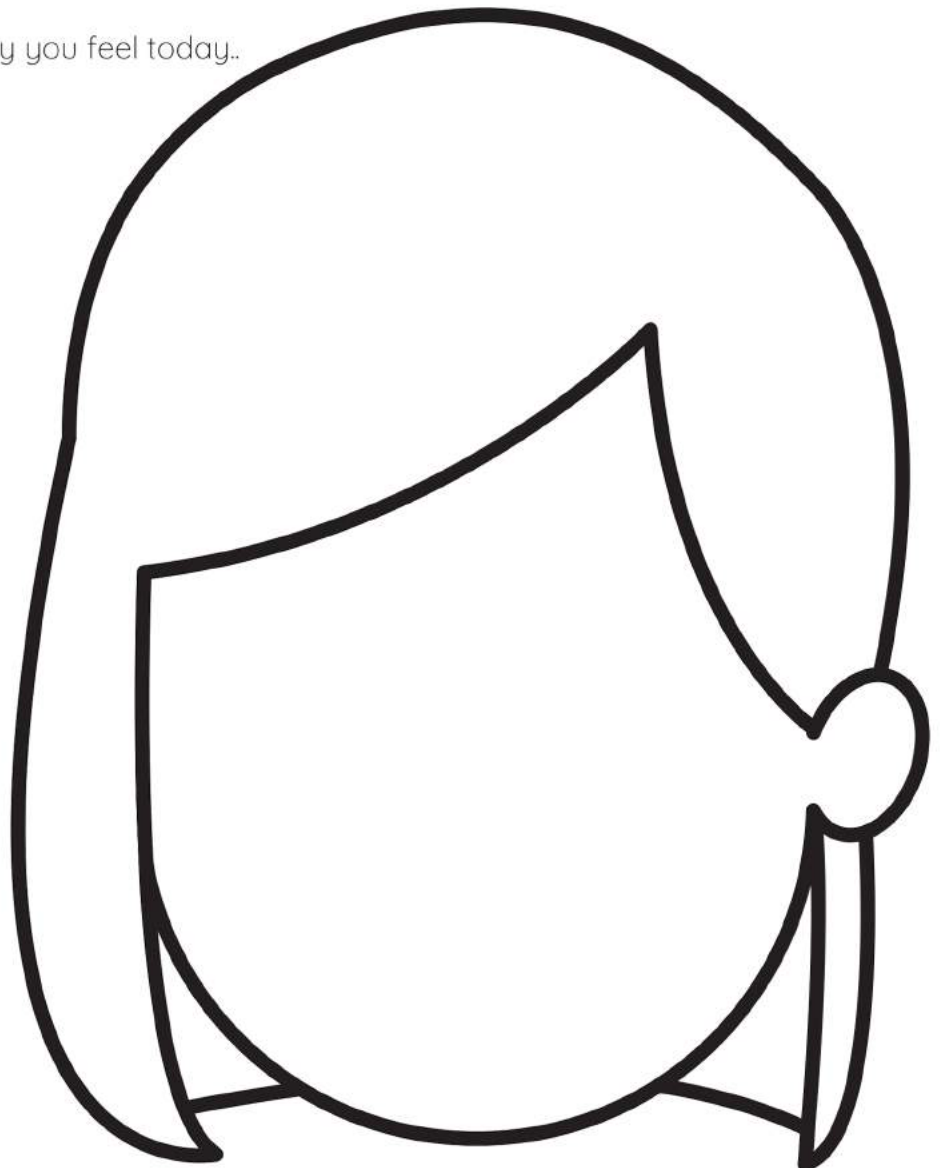
Lonely

Proud

Write a word to describe your feelings.

Today I am...

Draw a face showing the way you feel today.



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